







PCC Senior Program ~ DECEMBER 2018

| Mon | Tue | Wed | Thu | Fri |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3 9:30am BONE BUILDERS (BL) 12pm: LUNCH – TBA (B) 12:30pm Holiday Trivia 1pm Card Party (B) | 4 9:30am BINGO (R) 1pm Tai Ji Quan (G) <i>HAPPY HANUKKAH (Dec. 2-10)</i> | 5 9am Footsteps for Fitness (G) Red Hatter Holiday Outing – Hobby Lobby Shopping & Lunch at the Green Ginger. Van leaves Rolfe Park at 10am. | 6 1pm Tai Ji Quan (G)  | 7 9:30am Bone Builders (BL) 1pm Shuffleboard (G) |
| 10 9:30am BONE BUILDERS (BL) 12pm: LUNCH - TBA (B) 12:30pm – Collecting Holiday Donations for the Food Pantry 1pm Card Party (B) | 11 9:30am BINGO (R) 1pm Tai Ji Quan (G) 1pm Wii Games (R) | 12 8am Kristen at Capital Wellness Coalition Meeting. 9am Footsteps for Fitness. 4:30pm Annual Night Out Dinner at Makris & Gift of Lights Van leaves Rolfe Park at 4:30pm | 13 1pm Tai Ji Quan  | 14 9:30am Bone Builders (BL) 1pm Shuffleboard (G) |
| 17 9:30am BONE BUILDERS (BL) 12pm LUNCH: POT LUCK (B) Holiday Party! 12:30pm Holiday Socks Contest! Wear your favorite holiday socks 1pm Card Party (B) | 18 9:30am BINGO (R) 1pm Tai Ji Quan (G) 1pm MOVIE: “Oceans 8” | 19 9am Footsteps for Fitness 10am BUDDY BINGO (CR) 2pm Crafty Creations at the Whitaker Place 4pm Trip to the LaSalette Shrine Van leaves Rolfe Park at 4pm. | 20  1pm Tai Ji Quan | 21 9:30am Bone Builders (BL) 1pm Shuffleboard (G) |
| 24 HAPPY HOLIDAYS!  NO EVENTS TODAY | 25 MERRY CHRISTMAS EVERYONE! NO EVENTS TODAY | 26 <u>NO ACTIVITIES IN GYM</u> <u>SCHOOL VACATION</u> | 27 3:30pm: New Year’s Celebration Dinner Out at the Texas Roadhouse – Manchester. Van leaves Rolfe Park at 3:30pm. | 28 9:30am Bone Builders (BL) <u>NO ACTIVITIES IN GYM</u> <u>SCHOOL VACATION</u> |
| 31 NO SENIOR LUNCH HAPPY NEW YEAR 2018! |  | HAPPY BIRTHDAY TO ALL THOSE CELEBRATING IN DECEMBER!! | For all events, please sign up at Monday lunches or call Kristen at 290-0398 | (G) PCC Gym (CR) Community Room (B) Boscawen Cong. Church. (BL) Boscawen Library ® Rolfe House  Red Hatters |