








PCC Senior Program ~ MARCH 2019

Mon	Tue	Wed	Thu	Fri
4	5	6	7	8
<p>For all events, please sign up at Monday lunches or call Kristen at 753-9700 x102</p> <p>9:30am BONE BUILDERS (BL) 12pm LUNCH (B) 12:30pm <i>St. Patrick's Day Trivia</i></p> 	<p>(G) PCC Gym (CR) Community Room (B) Boscawen Town Hall (BL) Boscawen Library (R) Rolfe House</p> <p>9:30am BINGO (R)</p> <p>1pm Tai Ji Quan (G)</p> 	<p style="text-align: center;"><u>HAPPY BIRTHDAY</u></p> <p><i>Thomas D. Kathy F. Audrey S.</i></p> <p>9am Footsteps for Fitness DAY TRIP: Lunch at T-Bones in Bedford & a visit to Jacques Pastries. Van leaves Rolfe at 11am.</p>		<p style="text-align: center;"><i>NO EVENTS IN THE GYM SCHOOL VACATION</i></p> <p>9:30am BONE BUILDERS (BL) NO SHUFFLEBOARD TODAY</p>
11	12	13	14	15
<p>9:30am BONE BUILDERS (BL) ST. PATRICK'S DAY CELEBRATION (B) 12pm LUNCH (B)</p>	<p>9:30am BINGO (R)</p> <p>11am Wii Games (R) 1pm Tai Ji Quan (G)</p>	<p>8AM <i>Kristen-t Capital Area Wellness Coalition Meeting</i></p> <p>9am Footsteps for Fitness  RED HATTERS – Irish luncheon at The Barley House Van leaves Rolfe at 10:45am</p>	<p>9am Footsteps for Fitness (G)</p> <p>10:15am Tai Ji Quan (G)</p> 	<p style="text-align: center;">Have a Happy St. Patrick's Day!</p> <p>9:30am BONE BUILDERS (BL) 1:00pm Shuffleboard (G)</p> 
18	19	20	21	22
<p>9:30am BONE BUILDERS (BL) 11:30 SPEAKERS: NHTI Dental Students (B) 12pm LUNCH (B)</p>	<p>9:30am BINGO (R)</p> <p>11am Wii Games (R)</p>  <p>1pm Tai Ji Quan (G)</p>	<p>9am Footsteps for Fitness 10am Story-Art Hour (CR) <i>Intergenerational Program</i></p> <p>2pm <i>Crafty Creations</i> at the Whitaker Place</p>	<p>9am Footsteps for Fitness (G)</p> <p>10:15 am Tai Ji Quan (G)</p> <p style="text-align: center;">太極拳</p>	<p>9:30am BONE BUILDERS (BL) NO ACTIVITIES IN THE GYM NO SHUFFLEBOARD TODAY NO SCHOOL</p>
25	26	27	28	29
<p>9:30am BONE BUILDERS (BL) 12pm LUNCH (B) 12:30pm Pokeno & Prizes</p>	<p>9:30am BINGO BASH /Friedman Court Concord. <u>Van leaves RP at 9am</u></p>	<p>9am Footsteps for Fitness DAY TRIP: Lunch newly renovated JOHNSON'S, a visit to the brewery & bakery. Van leaves Rolfe at 10:30am</p>	<p>9am Footsteps for Fitness (G)</p> <p>10:15am Tai Ji Quan (G)</p>	<p>9:30am BONE BUILDERS (BL) 1:00pm Shuffleboard (G)</p>

Penacook Community Center Senior Program ~ Box 6008, Penacook, NH 03303 ~ 603-753-9700 x102 ~

kristenpk@penacookcommunitycenter.org THANK YOU TO GRAPPONE FOR THE PRINTING AND MAILING OF THESE NEWSLETTERS!