



## Busy Bee's Newsletter July 2020

Dear Parents and Students:

July arrived with our celebration of Independence Day! We took pictures and videos of our celebration and are hoping that they make it to the PCC Facebook page so you can check out the fun we had! Our next few weekly themes will all have to do with oceans! We will be “swimming” under, “floating” over and “jumping the waves” at the beach! One week you will need to watch your treasures there will be pirates about! To end July, we will try our hand at “camping” and continue this theme through August!

### Items to bring with you each day:

Monday – Crib Sheet/Small Blanket for quiet/nap to be brought home Friday and washed  
Change of clothing, bathing suit/towel, water shoes - taken home nightly to clean please when used!  
Lunch\* in a paper bag or plastic lunch box (that you will clean daily!) with an ice pack  
Water Bottle – brought home each day to be washed and returned

\*We will not be heating lunches up so please pack a cold lunch or place pre heated foods in a thermos

### Items to bring and leave at PCC for the summer:

Sunscreen (*labeled with your name and expiration date clearly marked*)

### As a reminder these are the restrictions that we all must follow in regards to illness because of Covid-19

If your child has a temperature of 100.04 or becomes sick while at PCC, you will be summoned and must pick up your child within 30 minutes or less. Your child will be removed from the class immediately and quarantined until you arrive. If necessary, please have a backup adult who can pick up your child within the time limit. Temperatures will be taken at various times throughout the day and recorded per the guidelines. Our goal is to keep our children and staff safe by following the CDC recommendations and the State of NH Guidelines and Childcare Licensing rules.

The following is guidance on how long a child needs to remain at home due to illness:

- Child with a low-grade fever, runny nose, chills must stay out for 3 days.
- Child showing symptoms of respiratory issues, excessive coughing, shortness of breath, wheezing, fever may not return for at least 10 days, the last 3 of those days must be without fever and without fever reducing medication.
- Parents should contact their child's physician. Parents are required to inform PCC within 24 hours as to what the illness may be.
- If a child or anyone in your home has tested positive for COVID-19, families must inform PCC immediately and your child must stay home for 14 days.
- If for any reason a child or staff member is diagnosed with COVID-19, we will have to close programs and will be directed by the State when notified.

**\*\* If your child has allergies or other medical issues that have some of the same symptoms as COVID-19, please contact your physician to provide PCC with a note signed and dated stating your child has allergies and list the symptoms they may experience and how you are treating them.**

Sincerely, Ms. Anna and Ms. Nelia